

## Fretting Hand Technique

Here's a really simple set of exercises for working on your fretting hand technique.

If we rearrange the numbers 1, 2, 3 & 4, there are 24 possible combinations.

Assign the numbers to each of your fingers and you have:

1 = Index  
2 = Middle  
3 = Ring  
4 = Pinky

- Take each combination and play it across all the strings on your instrument, around the 7<sup>th</sup> – 10<sup>th</sup> frets.
- Take care to create clear, smooth sounding notes. Even though we are working on technique, still think about musicality.

- Try to be aware of the tonal quality of the notes that you are playing.
- Also, strive for steady, even time and dynamics.
- Make sure that you use strict alternate plucking / picking.
- Try to be as relaxed as possible while you play.

1234	2134	3124	4123
1243	2143	3142	4132
1324	2314	3214	4213
1342	2341	3241	4231
1423	2413	3412	4312
1432	2431	3421	4321